

ALAMANCE COUNTY YMCA

FACILITY USE - AGE GUIDELINES



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A PLACE FOR EVERYONE

The Alamance County YMCA believes that the path of health and wellness starts at a young age. The YMCA strongly encourages parents and guardians to use good judgement regarding the supervision of their children while at the YMCA.

GUEST POLICY

Members who are under the age of 18 are not permitted to bring a guest. All guests must be accompanied by a member who is 18 or older and must pay the guest fee. All guests must register at Member Services each visit.

CODE OF CONDUCT

Always act in accordance to the YMCA's core values: Caring, Honesty, Respect, and Responsibility.

The YMCA does not allow:

- Cell phone usage in the locker rooms or health centers
- Inappropriate attire - including offensive wording on clothing
- Angry or vulgar language - including swearing or shouting
- Physical contact with other persons in an angry or threatening way
- Any demonstration of sexual activity or contact
- Harassment or intimidation by words, gestures, body language, or other behaviors
- Theft or behavior that results in the destruction of YMCA property
- Carrying or possessing illegal substances or alcohol on YMCA property
- Any other conduct of an inappropriate, threatening/offensive nature
- Carrying or concealing a weapon or item that can be used as a weapon

OUR MISSION

To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

AREA	10/11	12	13	14	15	16	17
Cardio Theater		✓	✓	✓	✓	✓	✓
Weight Room	✗					✓	✓
Functional Fitness Studio	✗					✓	✓
Basketball Gyms		✓	✓	✓	✓	✓	✓
Racquetball Courts		✓	✓	✓	✓	✓	✓
Walking Track	✗	✗	✗	✗	✗	✓	✓
Pool			✓	✓	✓	✓	✓
Health Center	✗	✗	✗	✗	✗	✗	✗
Group Exercise Classes		✓	✓	✓	✓	✓	✓



Allowed in this area



Not allowed in this area



Allowed in this area with a parent/guardian 18+.



(336) 395-9622
www.acymca.org
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